



COD & Treatment

WASTATECONFERENCE

Planning Our Journey Together



Yakima, WA
October 7-8, 2024

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Key Speakers



Dr. Brenda Combs



**Dr. James Von
Busch**



Andy Vargo



**Everett Maroon,
MPH**

Award Recipients

Ruby Takushi, Recovery Cafe - Lifetime Achievement Award



Ruby Takushi, Ph.D. is a licensed psychologist, Director of Programs, and co-Founder of Recovery Café Seattle (www.recoverycafe.org). Recovery Café offers long-term recovery support to adults in a community setting. She received her doctorate in clinical psychology from Fuller Theological Seminary in 1990. Dr. Takushi conducted research at the University of Washington Addictive Behaviors Research Center from 1996-1999 publishing in the field of gambling addiction and cross-cultural counseling. Prior to arriving in Seattle she lived in Washington D.C. where she completed her post-doctoral training at St. Elizabeths Hospital with a specialization in Group Psychotherapy. She served on the faculty of Howard University from 1992-1996 during which time she also worked as a staff psychologist at the D.C. General Hospital Methadone Clinic for women. She served on the WA State Examining Board of Psychology from 2015-19 and currently serves on the board of the Recovery Café, out of which was birthed the Recovery Cafe Network (www.recoverycafenetwork.org), which offers training support to Cafes across the country.

Kristi Flynn, Low Income Housing Institute | Outstanding Service and Outstanding Collaboration
Dilma Demartino, Northwest Resources | Outstanding Service and Outstanding Collaboration
Be a Better You Counseling and Referral Services, Jamie L. Ellertsen | Innovative Program

Agenda at a Glance

Sunday, October 6, 2024 Preconference

- 8:30 AM Start of Conference / Pre-conference Registration Opens / Breakfast | Room CD
- 9:00 AM Session A (Ethics Training) and B (Suicide Risk Assessment) | Rooms A/B
- 12:00 PM Lunch
- 1:15 PM Resume Session A and B | Rooms A/B
- 3:00 PM Early Registration Open
- 4:00 PM End of Preconference

Monday, October 7, 2024

- 7:30 AM Registration Open / Breakfast | Room CD
- 8:00 AM Welcome to Conference
Master of Ceremonies: Donnie Goodman
Opening Remarks: Teesha Kirschbaum - DBHR Director
- 8:30 AM Keynote - Brenda Combs | Room CD *Sponsored by American Behavioral Health Systems
- 9:30 AM Break
- 9:45 AM Workshop 1 Sessions
- 11:00 AM Break
- 11:15 AM Plenary Session 1 - Everett Maroon | Room CD
- 12:15 PM Lunch
- 1:15 PM Workshop 2 Sessions
- 2:30 PM Break
- 2:45 PM Plenary Session 2 - Dr. James Von Busch | Room CD
- 4:00 PM Workshop 3 Sessions
- 5:15 PM End of Day One



Tuesday, October 8, 2024

- 7:15 AM Breakfast | Room CD
- 8:00 AM Welcome to Day 2 with Emcee, Donnie Goodman | Room CD
- 8:15 AM Plenary Session 3 - Andy Vargo *Sponsored by Humana Healthy Horizons | Room CD
- 9:15 AM Break
- 9:30 AM Workshop 4 Sessions
- 10:45 AM Break
- 11:00 AM Awards | Room CD
- 11:30 AM Lunch | Room CD
- 12:45 AM Discussion / Listening Session | Room CD
- 2:00 PM End of Conference



Featured Speakers



Everett Maroon, MPH

Everett Maroon, MPH, is Executive Director of Blue Mountain Heart to Heart (BMHTH), a 501(c)3 nonprofit based in Walla Walla, Washington, focusing on HIV care and prevention, and care and recovery for people with substance use disorder. He is engaged in regional and statewide efforts to increase pathways for recovery in rural areas and for stigmatized patient populations. Everett co-authored the Greater Columbia Accountable Community of Health's opioid demonstration project, called the Opioid Resource Network, and continues to be engaged in Medicaid transformation efforts in his region, including heading one of the state's inaugural Health Engagement Hub. He manages a regional site for naloxone distribution on a multi-year SAMHSA contract and a drug checking program as part of a University of Washington study. Mr. Maroon directs a braided Recovery Navigator Program and an Arrest and Jail Alternatives program, which is the first LEAD-based diversion program in Washington State east of the Cascades.



Dr. Brenda Combs

Dr. Brenda Combs embodies resilience and hope. Once a homeless crack addict and petty criminal, she endured severe trauma, including being beaten, shot, and raped. Hitting rock bottom pushed her to transform her life, entering rehab and working her way back into society. While living in low-income housing, she found her calling as a teacher and earned multiple degrees, including a doctorate. Now a speaker and advocate, Dr. Combs promotes domestic violence awareness and homeless rights. Her story, "From Homeless to Hero," has gained national attention, and she serves as an ambassador for Grand Canyon University and the American Heart Association.



Andy Vargo

Andy Vargo is a professional speaker, author, life-change coach, podcast host and comedian known for his engaging and humorous approach to personal development. He empowers individuals and organizations to embrace their unique traits through his "Own Your Awkward" concept. Andy has authored several books, including *Own Your Awkward Life Changes* and *Own Your Awkward Thoughts*. He also hosts the "Own Your Awkward Talks Speaking Course," coaching individuals to present confidently. With a diverse skill set in public speaking, content creation, and personal branding, Andy is a sought-after speaker and coach who brings laughter and insight into life's challenges.



James Von Busch

James Von Busch has been a Licensed Professional Counselor in the State of Idaho since 1993. He has worked in both the agency setting as well as private practice providing Mental Health Counseling and Substance Abuse Treatment. His emphasis for treatment is on personal and relational recovery and restoration. James has also worked in the field of higher education, serving as a faculty member for the University of Nevada – Reno. He is a national trainer on several topics related to mental health and substance abuse treatment; he is dedicated to improving the mental and behavioral health of people.



Donnie Goodman

Donnie Goodman is the Executive Director of the Behavioral Health Program of the YMCA of Greater Seattle Social Services. He oversees four major programs within Behavioral Health. This includes: outpatient services, with mental health and SUD staff across King County, including several middle and high schools CCORS – Children's Crisis Outreach Response Services that serve all youth 24 and younger and families across the entire King County. Violence Prevention – certified peer program focused on helping marginalized youth engaged with gangs or incarceration. Education Enhancement Program – a free master's in counseling program for current non-profit BIPOC, LGBTQ+ and disabled staff seeking higher education. Prior to the Y, Donnie worked as Deputy Director at Seattle Counseling Service – the oldest LGBTQ+ mental health agency in the nation. Additionally, Donnie has a robust history of providing state wide trainings on working with various minorities in behavioral health.

Monday, October 7

7:30 AM Registration Opens and Breakfast | Room CD

8:00 AM - 8:30 AM Welcome to the Conference | Room CD

Teesha Kirschbaum DBHR Director, Donnie Goodman MA/NCC LMHC

8:30 AM - 9:30 AM Keynote

ROOM CD From Homeless to Hero: Overcoming Trauma & Changing Your Life, Brenda Combs

A victim of domestic violence in the past, Dr. Brenda Combs now serves as an advocate for domestic violence awareness. She also lobbies for the rights of the homeless community and, in 2009, was named a national ambassador for the American Heart Association/American Stroke Association's "Power to End Stroke" campaign. Recently, she was selected by the WNBA's Phoenix Mercury as an "Arizona woman of inspiration" for the second year in a row.

9:30 AM - 9:45 AM Break

9:45 AM - 11:00 AM Workshop 1

ROOM A Suicide Prevention - It's Everyone's Job! John T. Bolla, MS, SUDP, DSPS; DCYF

This presentation addresses the critical importance of proactive suicide and self-harm prevention and treatment in juvenile incarceration settings. We will describe a statewide program implemented in 2001 to address dramatic increases in self-harm behaviors and a completed suicide in one of our secure facilities. We will cover continuous quality improvements over the last two decades, and how this contributed to zero completed suicides in any of our facilities for over twenty years. We will describe recent adaptations in response to the increasing concentration of young people in our care with complex mental health needs and suicide risks. We will share the details of the policies, principles, protocols, and practices that have contributed to an effective agency response to relevant risks.

ROOM B Families in Recovery: Multi-Systemic Treatment and Health Integration, Olivia Gonzales MA LMFT, Harley Risbeck

Families in Recovery: multi-systemic treatment and health integration" will highlight a unique format in which families work toward recovery from problematic substance use and parent-child reunification using trauma-informed, evidence-based practices. Catholic Charities Eastern Washington's Rising Strong is a shelter for unhoused families struggling with problematic substance use and CPS involvement. In accordance with the mission, we strive to serve the families in our program with respect- promoting dignity, collaboration, hope, stability, and cultural competency.

ROOM G1 The Evolution of Polysubstance Use in America's Fentanyl Crisis, Dr. Kelly Olsen

While medications for opioid use disorder (MOUD) can reduce harmful opioid use, concurrent use of other non-prescribed or illicit substances may negatively affect treatment outcomes. This workshop will provide insight into drug use trends in 2024 and 2025, with an emphasis on polysubstance use, including stimulants, and describe peer-reviewed research on non-prescribed and illicit drug use among patients who are prescribed buprenorphine or methadone.

ROOM G2 Enhancing Mental Health Care through Electronic Psychiatric Advance Directives, Kiran Sahota MA

This session reviews the evolution of psychiatric advance directives (PADs) in California, tracing their roots to deinstitutionalization and patient autonomy while addressing the challenges of implementation and accessibility during psychiatric crises. A key initiative, funded by California's Behavioral Health Services Act, aims to revolutionize PADs with an electronic platform, involving stakeholder input, peer facilitator training, and legislative efforts. Phase Two will roll out the platform across counties, focusing on evaluating its effectiveness in reducing hospitalizations, incarcerations, homelessness, and behavioral health crises.

ROOM H Supporting Caregivers in OUD Recovery and Promoting Prevention for Youth, Jim Leighty LICSW

This session reviews the evolution of psychiatric advance directives (PADs) in California, tracing their roots to deinstitutionalization and patient autonomy while addressing the challenges of implementation and accessibility during psychiatric crises. A key initiative, funded by California's Behavioral Health Services Act, aims to revolutionize PADs with an electronic platform, involving stakeholder input, peer facilitator training, and legislative efforts. Phase Two will roll out the platform across counties, focusing on evaluating its effectiveness in reducing hospitalizations, incarcerations, homelessness, and behavioral health crises.

ROOM 100 Where there is Hope..., Jerry Blackburn M.Ed., SUDP

Where there is Hope... At its core, hope is the belief that our future can be better than our past and that we play a role in making it so. It differs from optimism, which is about expecting good things, not participating in their construction. Hope is about how we plan and act to achieve. As a future facing, goal-oriented model, hope allows us to feel empowered and competent in our ability to walk forward and thrive.

ROOM 300 Bridging Healthcare Prison to Community, Prison to Community, Brooke Amyx LICSW, SUDP

This presentation will discuss the current and future state of Health Services Reentry to include services provided and systems work to support individuals releasing from prison. Considering the plan to expand Medicaid services to 90 days pre-release in the coming years, there will be an opportunity to explore partnerships with community behavioral health and other agencies with a goal to increase warm hand offs over time. We plan to develop a system where people releasing from prison have seamless access to necessary healthcare services and we need your help."

ROOM 200 Creating the Profession of Certified Peer Specialist, Dr. Shelly Shor, MSW, Ph.D, CPC; HCA, Maureen Bailey, Ted Dale

The passage of SB 5555 in Washington established a new professional credential for peer counselors called the Certified Peer Specialist, signaling significant changes to the peer support profession. This session discusses the history, core principles, and certification processes of peer support in Washington, along with recent legislative shifts impacting the field. The Department of Health is working with stakeholders to implement this credential, and the session invites public involvement in the process and timeline development.

Monday, October 7

11:00 AM - 11:15 AM Break

11:15 AM - 12:15 PM Plenary Session 1

ROOM CD Blue Mountain Heart to Heart, Everett Maroon, MPH

Rural clinics are often perceived in the media as underfunded, struggling to provide care, and understaffed. The reality can be very different, and small clinics in rural areas are capable of programmatic agility to meet the needs of a diverse and fluid patient base. In this session Everett Maroon, MPH, will discuss how layering services as a cascade from harm reduction to primary care has enabled even hesitant and stigmatized patients to access care and stay engaged over time, to support individual and community health improvement. Specific topics will include: harm reduction, tele-health, trauma informed communication, vaccination and testing services, financial sustainability, mobile care, and workforce considerations for rural providers.

12:15 AM - 1:15 AM Lunch | Room CD

1:15 PM - 2:30 PM Workshop 2

ROOM A Neurodivergent Care, Jax Bayne

Washington faces a severe public health crisis fueled by rising housing insecurity, unemployment, chronic illness, developmental disability, and substance use disorder, especially among marginalized populations. The COVID-19 pandemic further exposed the neglect of these communities and weakened statewide infrastructure. Gryffin Core, a Neurodivergent Peer Support Service provider, proposes addressing these issues by developing publicly funded Neurodivergent Community Centers to offer comprehensive support.

ROOM B Growing Your Mindset, Raymond Gregson, Janine Chappell

This workshop focuses on self esteem, self awareness, self confidence, self image. How do we build an ad campaign for ourselves and present that in a healthy way to the public. What does it mean to be a good communicator. This workshop was given the innovative program award at COD 2023. This workshop Highlights the 14 module curriculum called "Unlocking Your Potential". Now more than ever people need the tools and skills to be able to move forward to sustainable lives after dependency, despair, or trauma. Understanding that they are capable of greatness and limitations are often mental and self imposed. How do we overcome those self imposed limitations?

ROOM G1 Witness to Addiction, Dr. Michele Gerber

Michele Gerber's book shares a mother's deep, emotional journey through her child's addiction, moving from denial to confronting harsh realities. It offers an intimate look at the impact of substance abuse and suicide, providing essential insights for parents who think they understand these dangers. The book combines personal experiences with clear, objective data, making it both intellectually stimulating and emotionally powerful.

ROOM G2 What is Occupational Therapy?, Dr. Jennifer S. Pitonyak PhD, OTR/L, SCFES, CIMI

Occupational therapy, rooted in the Moral Treatment Movement, focuses on helping individuals participate meaningfully in activities (education, work, leisure, ADLs) across various settings (home, school, community). Engaging in occupations fosters adaptation, builds identity, connects individuals to their communities, and promotes personal growth. While occupational therapy is common in behavioral health in many states, Washington faces a shortage. This lack limits access to care addressing functional challenges tied to mental health and substance use, contributing to crises like homelessness, unemployment, recidivism, and a diminished quality of life.

ROOM H Behavioral Addictions Among Teens, David Flack, MA, LMHC, SUDP

Behavioral addictions have been on the rise since the pandemic, especially among teens. Unfortunately, very few counselors have any training or experience treating them. This presentation will help can change that. We'll start by deepening our understanding of behavioral addictions, with a focus on problematic pornography use – which is increasingly common among teens and can feel especially challenges to address. Then, we'll explore the reasons behavioral addictions develop, their co-morbidity with substance use, and field-tested strategies for helping teens recognize problems, resolve ambivalence, and make change.

ROOM 100 Comeback 2 Success: Strategies and Mindsets, Brandon Burbank

Are you, a loved one, or colleague struggling with mental health? Desperate for a mental shift to propel conducive to growth? If so, I am the right person for your audience. I am a 27 year old mental health advocate speaking from a peer to peer perspective about how I was able to maintain a happy and healthy lifestyle despite being diagnosed with Bipolar Disorder at the age of 19. You might be wondering, How did he do it? While on stage, I speak boldly about my struggles with mental health and share strategies to shift one's brain and mental health to find more creative way to Comeback 2 Success.

ROOM 300 Pro Bono Services, Sherese Ezelle LMHC, LPC, NCC

The Pro Bono Counseling program offered by Project Access Northwest serves as a model for fostering mutually beneficial relationships between clients and providers in the mental health care field. By connecting uninsured and underinsured individuals with licensed clinicians who volunteer their time and expertise, this program not only addresses access barriers to mental health care but also promotes a partnership where both parties benefit.

ROOM 200 Promoting and Supporting Mental Health with Peer Support, Willard Derouen Jr.

Promoting and Supporting Mental Health with Peer Support. This is a story of a father's journey of re-establishing himself not only in his own life but the lives of his 5 sons. A turn around story of someone who can make it as a single father. He shares advocacy for working alongside peer programs and orginzations like DADS MOVE.

Monday, October 7

2:30 PM - 2:45 PM Break

2:45 PM - 3:45 PM Plenary Session 2

ROOM CD ASAM Training and Rollout Review, Dr. James Von Busch

The Fourth Edition of the ASAM Criteria builds on the past 30 years of The Criteria and provides an updated, streamlined, and pragmatic approach to assessment and treatment planning. This one-hour webinar will provide a consolidated overview of some of the major changes in the 4th Edition of the ASAM Criteria.

3:45 PM - 4:00 PM Break

4:00 PM - 5:15 PM Workshop 3

ROOM A Understanding Anger in Addiction, Susan Gebhardt, LMHC

When experiencing what we call anger, we will work on understanding anger emotions, recognizing cognitions, behaviors, and physiological signs when they begin to appear. We will learn skills here to teach the clients how to lessen anger symptoms and have an increase in appropriate cognitions and behaviors.

ROOM B Effectively Responding to Crisis Events, Dr. Timothy Z Victorella, DHPE, MSW, QMHP

Effectively responding to crisis events. Participants will gain insight and perspectives around the heightened state of crisis relating to the brain-body connection, verbal and non-verbal communication, rapport building, as well as effective formulas for crisis de-escalation. Participants will broaden their knowledge on how to approach crisis situations with confidence, and with a trauma-informed care mindset.

ROOM G1 Principles and Science of Abstinence Based SUD Treatment, Michele Waltz LMHC, MAC

This presentation will discuss the principles and science of addiction that are the foundations to abstinence based SUD treatment, explaining why it is important, for the sake of those who struggle with addiction, that we do not abandon or minimize the effectiveness of this approach. In addition, to discuss the most effective treatment process that helps clients build a stable recovery.

ROOM G2 A Multidisciplinary Approach to Mental Health Transition Planning, Ymanni O. Taylor MSW, MHP, LICSWA

This presentation will discuss the principles and science of addiction that are the foundations to abstinence based SUD treatment, explaining why it is important, for the sake of those who struggle with addiction, that we do not abandon or minimize the effectiveness of this approach. In addition, to discuss the most effective treatment process that helps clients build a stable recovery.

ROOM H From Part of the Problem to Solutions: OUD Prevention in Juvenile Rehabilitation, John T. Bolla, MS, SUDP, DSPS; DCYF

This presentation will show how Juvenile Rehabilitation (JR) in Washington State has addressed the opioid/fentanyl epidemic through an interactive education and Naloxone (Narcan) distribution. A brief summary of the on-line workbook will be shared along with several of the imbedded videos on Heroin, Fentanyl, the Good Samaritan Law, and naloxone (Narcan). We will share our experiences in treating fentanyl overdose with Narcan and have a discussion of how these ideas may be incorporated into your prevention programs.

ROOM 100 ASAM Criteria 4th Edition-The Health Care Authority ASAM Training Panel Discussion, Amy Dura MA, LMHC, MHP, CMHS, SUDP

The ASAM Criteria is the most widely used set of guidelines for placement, continued stay, and transfer/discharge criteria for individuals with substance use disorder and co-occurring conditions. The Adult ASAM Criteria 4th Edition has been released. Per SB 6228, our state will be adopting the updated ASAM Criteria in January 2026. The Adolescent and Young Adult Volume is anticipated to be released in 2026 and is likely to follow a similar adoption process. Thanks to legislative support and State Opioid Response dollars, The Health Care Authority has partnered with Train for Change to offer an array of free virtual training opportunities over the next 18 months. Please join us for a discussion on these training opportunities, as well as a chance to dialogue with the HCA team on implementation, and for HCA to hear from providers about this transition process.

ROOM 300 Coordinating ED Discharges With Community Resources, Peter Moote MSW

This presentation will show how Juvenile Rehabilitation (JR) in Washington State has addressed the opioid/fentanyl epidemic through an interactive education and Naloxone (Narcan) distribution. A brief summary of the on-line workbook will be shared along with several of the imbedded videos on Heroin, Fentanyl, the Good Samaritan Law, and naloxone (Narcan). We will share our experiences in treating fentanyl overdose with Narcan and have a discussion of how these ideas may be incorporated into your prevention programs.

Room 200 Kids Mental Health Washington: Youth Regional Health Navigators, Ashley Mangum MSW

This presentation will review a best-practice model for addressing school-aged youth mental by centering relationships across youth, families, systems, and providers. Attendees will participate in calls to action including implementing model components to structure cross-system partnerships, connecting to collaborative consultation and community-level coordination, and applying knowledge of standardized youth behavioral health data collected. Presenters will speak to the lessons learned, challenges, and next steps of incorporating statewide a flexible, adaptive model with standardized components.

5:15 PM End of Day One

Tuesday, October 8

7:15 AM Breakfast | [Room CD](#)

8:00 AM - 8:15 AM Welcome to Day 2 | [Room CD](#)

8:15 AM - 9:15 AM Plenary Session 3

ROOM CD Awkward to Awesome, Andy Vargo

Ready to take on the world? Or, like most of us, do you have a little annoying thing in the back of your head that holds you back? This talk brings humor and light to deep issues as I work with your audience to identify and accept their insecurity. Not even that, they will learn how to turn it into their superpower. This talk is engaging, humorous, and set with actionable takeaways that your audience can get started on that day. Leaning into the heart of my message to Own Your Awkward, I will bring stories from my journey and of others in order to highlight the amazing power behind embracing your authentic self. This is perfect for personal development, team building, and breaking down the barriers to trust in an organization.

9:15 AM - 9:30 AM Break

9:30 AM - 10:45 AM Workshop 4

ROOM A Transportation burden among Medicaid enrollees and commercially insured people seeking treatment for mood disorders and opioid use disorder: Exploring national, northwest, and Washington State perspectives, Dr. Janessa M Graves PhD MPH, Holly Andrilla

Treatment of mood disorders and opioid use disorder is challenging for rural populations for many reasons, including a lack of providers and limited access to services. In this presentation, we will present research comparing driving times for Medicaid beneficiaries and commercially insured individuals seeking treatment for mood disorders and opioid use disorder.

ROOM B The Trauma Informed Helper, David Flack, MA, LMHC, SUDP

Most clients in drug treatment programs have a history of trauma. As a substance use professional, case manager, or peer counselor, you're inevitably working with trauma. Trauma-informed care focuses on minimizing re-traumatization while fostering respectful, collaborative treatment. This workshop will explore how to shift from focusing on problems to focusing on the person, examine the effects of trauma, clarify the difference between trauma-informed and trauma-specific care, and highlight strategies to enhance treatment outcomes through trauma-informed approaches.

ROOM G1 Work-Purposeful activity for SUD recovery, Dawn K. Miller, BSW HCA BSW, Darren Paschke BA

Individuals in substance use disorder recovery are more successful when they identify life goals prior to graduating from treatment settings. In a study, employment was identified as the number two life goal for individuals, second only to abstinence in maintaining recovery. Work-Purposeful activity that produces something of economic or social value such as goods or services.

This presentation will provide information about the importance of future planning for employment as part of SUD recovery. Harm reduction will also be addressed related to employment.

ROOM G2 How to be Culturally Responsive in Your Practice, Laura Cooley MA, Sean Mahoney MA

Culturally responsive clinical and organizational practices are tailored to respect and address diverse beliefs, languages, and communication needs. Embracing cultural humility is essential in this ongoing process, supported by CLAS (Culturally and Linguistically Appropriate Services) standards. This session will overview CLAS standards, provide practical tools, and include checklists to help integrate these standards into practice and meet federal and state guidelines.

ROOM H Leveraging Community Partnerships to Expand Access to Behavioral Health Services for Rural and Medically Underserved Populations, Cassidy Leslie SUDP

This session highlights an innovative partnership between Pacific Northwest University of Health Sciences (PNWU) and Triumph Treatment Services (TTS) to improve interprofessional behavioral health services in the Yakima Valley. Rural, underserved populations face behavioral health inequities due to limited access to these services, often available in urban areas. Collaborations between academic institutions and community agencies can offer creative solutions that expand access to care. Using examples from the PNWU-TTS partnership, the session explores building relationships, securing funding, piloting and scaling programs, training health professionals, and ensuring program sustainability.

ROOM 100 Principles of Permanent Supportive Housing: A Person-Centered Holistic Case Management Approach, Jacklyn Velasco, MA, Anessa Williams, MPA

Principles of Permanent Supportive Housing, a person-centered holistic case management approach to helping people who are seeking housing. The program we manage, FCS Supportive Housing, allows eligible Washingtonians to have these case management services billed to their Medicaid as an extension of their healthcare

ROOM 300 Current trends in the Opioid Epidemic: Legal and policy implications Eric Nelson, Sara Multanen-Karr, MBA-HM, SUDP

As the opioid epidemic continues to ravage Washington State Eric Nelson, Assistant Attorney General, and Sara Multanen-Karr, HCA Opioid Treatment Programs Administrator, present data on the scope of the problem, highlight recent changes to federal rules that expand access to Medications for Opioid Use Disorder, and discuss opportunities to further modernize treatment of opioid use disorder (OUD). They will also discuss the widespread use of illicitly-made fentanyl, discrimination of OUD patients requiring medication in certain settings, and use of funding from Washington State's Opioid and Manufacturer Settlements to facilitate opioid treatment program expansion efforts in Washington State.

ROOM 200 Mastering Change, Andy Vargo

Change is the only constant in our lives, yet we aren't taught how to master it. That is... until NOW! In this talk, I'll share the secret to mastering change in an engaging and entertaining way. Whether you're facing personal or professional shifts, this presentation offers practical insights and strategies for navigating the inevitable transitions we all encounter. Get ready to embrace change with confidence and learn how to turn it into an opportunity for growth and success.

Tuesday, October 8

10:45 AM - 11:00 AM Break

11:00 AM - 11:30 AM Awards Ceremony | [ROOM CD](#)

11:30 AM - 12:30 PM Lunch | [ROOM CD](#)

12:45 PM - 2:00 PM Q&A Cracker Barrels

[ROOM E](#) 988 Presentation and Q&A, Elizabeth Emmet (DOH)

The presentation is a general overview of the 988 suicide and crisis line. This workshop will walk audiences through the founding of 988, how the line works, accessing the line, and data. The presentation is about 20-25 minutes before a Q & A. This presentation is being held by the community engagement and out reach manager for the 988 section in the Office of Health and Safe Communities.

[ROOM F](#) ASAM Q&A Panel, Dr. James Von Busch, PhD, Amy Dura MA, LMHC, MHP, CMHS, SUDP

This panel will review the updated ASAM 4 training materials and discussion of state specific changes. Experts are on hand to answer questions and discuss roll out plans and how they will be implemented in Washington.

2:00 PM End of Conference



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Committee Members

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Phil Diaz Ph.D. - Department of Social and Health Services

Gina L. Dick MA, LMCH, CDP, MHP, MAC - Department of Health

Donnie Goodman MA/NCC LMHC - YMCA of Greater Seattle

Amy Dura MA, LMHC, MHP, CMHS, SUDP - Health Care Authority/Division of Behavioral Health and Recovery

Judy Holman LICSW, LMHC, SUDP

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Exhibitors

- UW Medicine, Department of Psychiatry
- Office of Behavioral Health Advocacy
- DrugScan
- Washington Alliance For Quality Recovery Residences
- ADAI Clearinghouse
- School Art Materials
- Humana Healthy Horizons
- DBHR Office of Community Voices and Empowerment
- Millenium Health
- Sea Mar Behavioral Health
- Triumph Treatment Services
- Free by the Sea Treatment Center
- Comprehensive Healthcare



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